



Glan-Yr-Afon Primary School

Newsletter

July 2025 – Summer 2

Croeso!

It's that time of year again when we begin to prepare for the six-week summer holiday break! It has been such a positive and successful year at Glan Yr Afon and across the Rainbow Federation. Thank you once again for your continued support and we hope you and your family have a safe, happy and well-earned summer six-week break!

Tesco Stronger Starts Champions!

Glan Yr Afon were the winners of the Tesco Stronger Starts and have subsequently secured funding of £1,500 to refurbish and revamp our outdoor Edible Playground!

Tesco Stronger Starts requires shoppers to place blue tokens into the box of their chosen local group/organisation. Thank you so much to all parents, carers and family members for supporting Glan Yr Afon once more! A huge thank you to Mrs Mountstephens for applying for Glan Yr Afon Primary as this funding will benefit all of the children in school. Diolch yn fawr pawb!



Goodbye and Good Luck!

We will be saying a fond farewell to some of our staff at the end of this academic year. Mr Main and Mrs Stacey will both be sadly leaving us at the end of the term. We would like to thank them both for their hard work and dedication since they have been with us and I'm sure you will join us in wishing them the best of luck for the future.



Mrs. Haines will be going on maternity leave from the end of this academic to have her baby. We wish Mrs. Haines the very best of luck on what is such an exciting time for her and her family! Mrs Haines will be returning at the end of the next academic year.

Mr Davies is taking a sabbatical leave of 12 months to return to university to train to become a teacher! We know Mr Davies will be amazing and we cannot wait to welcome him back! Good luck Sir!



Summer Safeguarding

With hopes for wonderful weather this summer and children having more free time, please find important information below to help keep children and families safe over the six weeks holiday:

Summer Sunshine

Children are particularly at risk of sunburn and dehydration during summer months. To avoid this, when outdoors children should be wearing a hat and t-shirt that cover their shoulders. Sun cream (at least SPF 30) should be applied at least every two hours and straight after swimming or in water. It is advised to limit outdoor activities during peak hours (10am – 4pm) when weather is at its hottest. Encourage children to drink plenty of water throughout the day. Avoid sugary and soda drinks as these can cause dehydration. Further information can be found here: [Safety in Summer :: West Yorkshire Healthier Together](#)



Online Safety

Children may find themselves using their digital devices more over the holidays due to increased free time. We should all be aware of the many online dangers. Below are some tips that can be helpful:

- **Limiting screen time** will allow children to be in the present and enjoy time outdoors which is beneficial to their health and wellbeing. Face-to-face contact with friends and family is proven to be more beneficial to children's development than online interactions. Excessive use of digital devices has been proven to negatively impact children's (and adult's) emotional wellbeing.
- **Be online aware** – online access has provided many benefits but also comes with many dangers to be aware of. Have conversations with children about what behavior is acceptable online and explain how and when they should speak with a parent/carer if they view something that upsets them.
- **Social media** – most social media companies have an age restriction of at least 13 years old. Many of these social media platforms are used by adults. Talk to your children about the importance of not accepting friend requests or talking to anyone that they do not know in person.

Further information can be found here: [Homepage - UK Safer Internet Centre](#)

Remember it is important to **check children's devices regularly**. Parents/carers should always have access to children's passwords in order to monitor activity and keep them safe. All devices have parental controls which allows parents to set device times and allow or disallow access to certain apps.



Bikes and Scooters

Many children will be using scooters and bicycles over the summer holidays and we hear all too often about serious accidents that are worsened due to children not wearing protective equipment. Children should always be wearing a suitably sized helmet and knee and elbow pads where appropriate. Please consider children's footwear when using bikes/scooters – sandals/flip flops can get stuck in wheels and provide no cover to children's feet if they were to be in an accident.



Support for Parents/Carers

The summer holidays are a wonderful opportunity for families to spend quality time together. However the summer holidays can sometimes bring challenges too.

Below are some organisations that may be helpful to parents/carers over the six week break:

Llanrumney Hub can help with a number of things including distribution of food bank vouchers and help with housing applications and applications for financial assistance. Call them on 02920780994 to make an appointment.

Llanrumney Pantry at Llanrumney Hall provides quality foods at discounted prices. You pay just £7 per week and this gives you access to The Pantry every Thursday. This £7 will grant you access to The Pantry and allow you to choose 10 items. Generally, these 10 items will come to between £20-£35 worth of goods. Find further information here: <https://www.llanrumneyhall.org/the-pantry>

Family Gateway is a free service that parents can contact on 03000 133 133. They provide support, advice and guidance on a range of parenting concerns and can signpost parents to relevant agencies best placed to provide families with support.

Samaritans – Parents/carers can contact the Samaritans confidentially at any time by calling freephone 116123. Alternatively email jo@samaritans.org
Further information is available here: <https://www.samaritans.org/wales/>

Concerns within the community – If parents/carers have any child protection or safeguarding concerns for a child/children or family within the community you must contact the Cardiff Access Point on 02920536490.



Support for Children

Our Food and Fun sessions are currently full but children can register interest to be placed on the waiting list if they wish. We regularly have non-attendees so we often invite children who are on the waiting list. Ask a parent to contact the school if you are interested.

If children have concerns or worries and wish to speak with someone confidentially, you can call Childline for free on 08001111



Year 6

It's that time of year again when we say a sad goodbye to our wonderful Year 6! Whilst we will miss all of our Year 6 children they are definitely ready for the next chapter in their learning journey and it has been great to see all children enjoying their recent transition days and showing such maturity during these!

Year 6 children and parents/carers still have lots to look forward to next week. Please find a reminder of these below:

Tuesday 15th July 12pm-2pm
Year 6 Prom

Wednesday 16th July 1.30pm
Year 6 Leavers Assembly

Friday 18th July
Year 6 t-shirt signing

We want to thank Year 6 children for being such amazing role models this year and we wish them the very best of luck for the future!

GOODBYE

Contact Details

Please ensure all contact details, including addresses, telephone numbers and emails are updated by contacting the school office. We must have up-to-date contact details in case of emergency.

Dates for diary



Important dates:

Friday 18th July – last day of school
Monday 21st July – INSET day. School closed.
Monday 1st September – INSET day. School closed.
Tuesday 2nd September – INSET day. School closed.
Wednesday 3rd September – Children return to school.
Friday 24th October – last day of school before half term.
Monday 27th October – Friday 31st October
HALF TERM

INSET Days 2025/26

School will be closed on the following INSET days:
Monday 1st September 2025
Tuesday 2nd September 2025
Friday 28th November 2025
Monday 5th January 2026
Friday 27th March 2026
Monday 20th July 2026

Food and Fun

Food and Fun will take place Tuesday 22nd July – Wednesday 6th August at Glan Yr Afon.
The sessions are 9.00am-3.00pm Mon – Thurs and 9.00am-2.00pm Friday.
Free breakfast and lunch provided.
Please call the school office if you no longer need your place so we can offer it to another child.



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@GlanYrAfonPS